

# Carbosorb<sup>®</sup> X Suspension

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about being given this medicine, speak to your doctor or pharmacist.

### 1. Why is Carbosorb X being used?

Carbosorb X contains the active ingredient activated charcoal. Carbosorb X is used to treat poisoning or drug overdose where the substance has been taken by mouth.

For more information, see Section [1. Why is Carbosorb X being used?](#) in the full CMI.

### 2. What should I know before Carbosorb X is used?

Do not use if you have ever had an allergic reaction to activated charcoal or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before Carbosorb X is used?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with Carbosorb X and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How is Carbosorb X used?

- Carbosorb X must only be given by a doctor or nurse. Carbosorb X may be diluted before it is used.
- Your doctor will decide what dose of Carbosorb X you will receive and how many doses you will receive. This depends on your medical condition and other factors, such as age and weight. Usually only a single dose of Carbosorb X is required.

More instructions can be found in Section [4. How is Carbosorb X used?](#) in the full CMI.

### 5. What should I know while Carbosorb X is used?

<b>Things you should do</b>	<ul style="list-style-type: none"> <li>• Tell your doctor if or nurse as soon as possible if you do not feel well while you are being given Carbosorb X.</li> </ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"> <li>• Carbosorb X is stored in the surgery, pharmacy, or ward of a hospital at a temperature below 25°C. Carbosorb X is not refrigerated.</li> <li>• A Carbosorb X bottle/container is opened at the time of use. It is intended for single use, in one patient only and unused portion if any, will be discarded and not stored.</li> </ul>

For more information, see Section [5. What should I know while Carbosorb X is used?](#) in the full CMI.

### 6. Are there any side effects?

**Common side effects** include black coloured bowel motions and vomiting. **Very Serious side effects** include chest pain, constipation, stomach pain and/or bloating and difficulty breathing (pneumonia).

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# Carbosorb<sup>®</sup> X Suspension

Active ingredient: *activated charcoal*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using Carbosorb X. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about being given Carbosorb X.**

Where to find information in this leaflet:

1. [Why is Carbosorb X being used?](#)
2. [What should I know before Carbosorb X is used?](#)
3. [What if I am taking other medicines?](#)
4. [How is Carbosorb X used?](#)
5. [What should I know while Carbosorb X is used?](#)
6. [Are there any side effects?](#)
7. [Product details](#)

### 1. Why is Carbosorb X being used?

**Carbosorb X contains the active ingredient activated charcoal.** The activated charcoal in this medicine adsorbs certain drugs and toxic agents onto its surface. Not all drug and poisons will be adsorbed by activated charcoal.

This medicine works best when it is given within 1 hour of the poison or drug being swallowed.

**Carbosorb X is used to treat poisoning or drug overdose where the substance has been taken by mouth.**

**Ask your doctor if you have any questions about why this medicine is being given to you.** Your doctor may have given it to you for another reason.

### 2. What should I know before Carbosorb X is used?

#### Warnings

**You must not be given Carbosorb X if:**

- you are allergic to:
  - any medicine containing activated charcoal.
  - any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue, or other parts of the body
- rash, itching or hives on the skin.

**You must not be given Carbosorb X if:**

- you have any problems with your digestive system that may have caused a hole or perforation e.g. a perforated ulcer or recent surgery
- due to medical condition or surgery, you have trouble swallowing.

**You should not be given Carbosorb X if you have been poisoned with any of the following:**

- strong acids and alkalis
- ferrous sulfate and other iron salts
- cyanides
- medicines used in the treatment of diabetes known as sulfonylureas such as tolbutamide
- alcohols and hydrocarbons
- malathion, a type of pesticide
- lithium
- dicophane, a type of insecticide.

The doctor or nurse will check to ensure the medicine is not past its expiry date and has not been tampered with.

**If you are not sure whether you should be given this medicine talk to your doctor.**

**Check with your doctor if you:**

- have allergies to any other medicines, foods, preservatives, or dyes.
- have or have had the following medical conditions:
  - any problems with your gag reflex, the normal retching action when an object touches the back of your throat
  - blockage of the bowel or any other problems with digestion
  - recent surgery on the stomach and intestine, blockage of the intestine
  - diabetes
  - feeling drowsy.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

## Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

**If you have not told your doctor about any of the above, tell them before you are given Carbosorb X.** Your doctor can discuss with you the risk and benefits involved.

### 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket, health food shop, naturopath or herbalist.

**Some medicines may interfere with Carbosorb X and affect how it works.** These include:

- atropine, a medicine used to treat a number of conditions
- medicines used to relieve pain such as morphine or codeine
- verapamil, a medicine used to treat heart disease.

These drugs may increase the risk of a blockage of the bowel.

**Tell your doctor if you have taken or been given any medicines that induce vomiting.** Vomiting of activated charcoal may increase the risk of breathing the charcoal into your lungs.

Activated charcoal adsorbs many drugs in the stomach so drugs that need to be given while being treated with Carbosorb X will need to be given by injection.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Carbosorb X.**

### 4. How is Carbosorb X used?

**Carbosorb X must only be given by a doctor or a nurse.**

#### How it is used

- The bottle should be shaken well for a minimum of 30 seconds.
- Carbosorb X may be given by mouth or through a tube through the nose or mouth into the stomach.
- Carbosorb X may be diluted before it is used.

## How much to use

- Your doctor will decide what dose of Carbosorb X you will receive and how long you will receive it for. This depends on your medical condition and other factors, such as your age and weight.
- Usually only a single dose of Carbosorb X is required.
- Carbosorb X may be diluted before it is used.

## If too much Carbosorb X is used

Overdose is unlikely to occur as Carbosorb X is always given to you under the supervision of a doctor or nurse.

Symptoms of an overdose may include:

- stomach cramps, bloating
- vomiting, loss of appetite
- blood in the stools
- fever

**If you notice any symptoms of overdose you should immediately:**

- phone the Poisons Information Centre **by calling 13 11 26 AU, or 0800 764 766 NZ**
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

### 5. What should I know while Carbosorb X is used?

#### Things you should do

Tell your doctor if or nurse as soon as possible if you do not feel well while you are being given Carbosorb X.

#### Looking after your medicine

Carbosorb X must:

- be stored in the surgery, pharmacy, or ward of a hospital at a temperature below 25°C.
- not be refrigerated.
- be opened only at the time of use. It is intended for single use only, and any Carbosorb X remaining in the bottle will be discarded. It should never be stored once opened, nor used for more than one person.

**Keep it where young children cannot reach it.**

### 6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

**Do not be alarmed by the following list of side effects. You may not experience any of them.**

**Ask your doctor to answer any questions you may have.**

**Tell your doctor or nurse if you notice any of the following and they worry you.**

### Common/Less serious side effects

Common/Less serious side effects	What to do
<ul style="list-style-type: none"> <li>• black coloured bowel motions</li> <li>• vomiting</li> </ul>	<p><b>Speak to your doctor if you have any of these less serious side effects and they worry you.</b></p>

The above list includes the more common side effects.

### Serious side effects

Serious side effects	What to do
<ul style="list-style-type: none"> <li>• chest pain</li> <li>• constipation</li> <li>• stomach pain and/or bloating</li> <li>• difficulty breathing (pneumonia)</li> </ul>	<p><b>Tell or call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b></p>

**The above list includes very serious side effects. You may need urgent medical attention or hospitalisation.**

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects you experience, you should then report these side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

### What Carbosorb X contains

<b>Active ingredient (main ingredient)</b>	activated charcoal 0.2 g/mL
<b>Other ingredients (inactive ingredients)</b>	sucrose propylene glycol glycerol citric acid sodium hydroxide and citric acid (for pH adjustment) purified water

**Carbosorb X contains sugars (as sucrose).**

**Do not take this medicine if you are allergic to any of these ingredients.**

Carbosorb X does not contain gluten, lactose, tartrazine alcohol, dyes or preservatives.

### What Carbosorb X looks like

Carbosorb X is contained in a plastic bottle with a tamper proof lid. Each bottle contains 250 mL of a black liquid. (AUST R 106470).

Phebra product code: SOL052.

### Who distributes Carbosorb X

**Carbosorb X is supplied in Australia by:**

Phebra Pty Ltd

19 Orion Road, Lane Cove West,  
NSW 2066, Australia.

Telephone: 1800 720 020

**Carbosorb X is supplied in New Zealand by:**

AFT Pharmaceuticals Ltd

PO Box 33-203, Auckland .

Telephone: +64 9 4880232

This leaflet was prepared in Dec 2021.

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